

# Dr. William E. Hale Senior Activity Center

**December 2025**

**727-298-3299**

## Hale Senior Activity Center

330 Douglas Ave • Dunedin, FL 34698  
727-298-3299 | [www.Dunedin.gov](http://www.Dunedin.gov)

### Hours of Operation

Monday	8 am - 9 pm
Tuesday	8 am - 5 pm
Wednesday	8 am - 5 pm
Thursday	8 am - 9 pm
Friday	8 am - 3 pm
Sat & Sun	Rentals Available

**Holiday Closure:** Dec. 25 & 26

### Recreation Card Rates

Resident	\$10 / 1 year
Non-Resident	\$90 / 1 year
	\$56 / 6 months
Unincorporated (Pinellas County)	\$56 / 1 year

To purchase or renew a Resident Rec Card, you must reside within the city limits, not including unincorporated areas, and provide proof of residency by presenting a photo ID along with a bill statement containing your name, address, and a date that is less than 90 days old upon date of registration.

**Active U.S. Military and Veterans** can receive a free Rec Card. Must show proof of Military/Veteran status and complete a registration form along with a wavier.

### ADA Accommodation

If you feel you need an accommodation to access any service or program, please call 727-298-3042 or send an email to [Theresa.Smalling@dunedin.gov](mailto:Theresa.Smalling@dunedin.gov) at least (7) days prior to the requested participation date for the city's review.

## Free Health Screenings

### Blood Pressure Checks

3<sup>rd</sup> Tuesday of the month, 9:00 am  
Performed by Dedicated Senior Medical Center

### Hearing Health Screening (Resumes January)

4th Tuesday of the month, 9:00 am  
Performed by Miracle Ear Dunedin

### Free Memory Screening

By appointment only. Call 727-298-3299  
Sponsored by Arden Courts Memory Care Community

## "Gingerbread Jingle" Luncheon

**Wednesday, December 10 • 12:00 pm**

\$6/Rec Card, \$7/No Card

Must register by Friday, Dec. 5

Don't miss this heartwarming holiday tradition! Celebrate the magic of the season with good friends, delicious food, and a festive gathering that's sure to brighten your day.

We're especially excited to welcome our special guests - the **Kindergarten class from Curtis Elementary School!** These little stars will delight us with cheerful holiday songs and add an extra sprinkle of joy to the celebration.



Thank you to our  
lunch sponsor:

**ELEVATE**  
SENIOR LIVING at Clearwater  
BEYOND EXPECTED. WITHIN REACH.

## Volunteers Needed for "Santa's Calling"

**Wednesday, December 10 • 5:30-8:30 pm**

We would like your help and holiday cheer! Volunteers are needed for our annual "Santa's Calling" program to play Mr. & Mrs. Claus while making phone calls to young children.

"Santa's Calling" provides an opportunity for parents to register their child to receive a live phone call from the North Pole asking about their Christmas wish lists, good deeds, and special rewards or accomplishments. We'll provide the talking points and participant information. Together, we will bring happiness and joy and make the children smile with glee as they receive a live phone call from the North Pole.

If you or a friend is interested in volunteering, please stop by the front desk or call us at 727-298-3299.

## The Dunedin Three O'clock Big Band: Dance & Concert

**Wednesday, December 17 • 3:00 pm**

\$5/person (doors open at 2:30 pm)

Join us for an exciting afternoon with the Three O'clock Big Band, as they showcase songs that shaped 20th-century life! Swing and sway and dance the afternoon away, and even shake, rattle, and roll to hits from the classic big band era of the 1930s and '40s. Don't miss this vibrant celebration of music to get you in the holiday spirit!



## MONDAY

9-10:00 am.....Functional Fitness-\$5/\$6  
 9:30-10:30 am.....Zumba Gold -\$5/\$6  
 10:30-11:30 am.....Intro to Tai Chi - \$5/\$6  
 10:30-3:00 pm.....Samba-Free/\$1  
 12-2:00 pm.....Intergenerational Drum Circle - \$1/\$2  
 12-4:00 pm.....Casual Bridge - \$2/\$3  
 1-3:00 pm.....Parkinson's Support Group (3rd Mon) - Free  
 3-5:00 pm.....Chess-Learn & Play - Free/\$1  
 6:30-8:00 pm.....Dunedin Ukes - \$1/\$2  
 6-8:00 pm.....Mah-Jongg - \$1/\$2

## TUESDAY

8:30 am.....Walking Club - \$5/\$8(Y)  
 8:30-9:30 am.....Pancake Breakfast - \$4/\$5  
 9-10:00 am.....Health Screenings (3rd & 4th Tues) - Free  
 9 am-12 pm.....Woodcarving - \$8/\$12  
 9:30-10:30 am.....Chair Yoga - \$5/\$6  
 11:00 am-4:00 pm.....Samba - Free/\$1  
 11:45 am-3:30 pm.....Duplicate Bridge - \$2/\$3  
 1-3:00 pm.....Dulcimer Club - \$1/\$2  
 1-4:00 pm.....Quilters Corner - Free/\$1

## WEDNESDAY

9:30-10:30 am.....Qi Gong - \$5/\$6  
 10-11:00 am.....Alzheimer's Support Group - Free  
 10:30-11:30 am.....Line Dance Experienced - \$5/\$6  
 11:15 am-4:30 pm...Canasta: Pennies from Heaven- Free/\$1  
 12-4:00 pm.....Casual Bridge - \$2/\$3  
 12-2:00 pm.....Intergenerational Drum Circle - \$1/\$2  
 2-3:00 pm.....In the News - Free/\$1

## THURSDAY

8:30 am.....Walking Club - \$5/\$8(Y)  
 9:30-10:30 am.....Chair Yoga - \$5/\$6  
 10 am-12 pm.....Aphasia C.A.N Activities - \$2/\$3  
 10:15-11:15 am.....Zumba Gold - \$5/\$6  
 10:45 am-12:45 pm.....Intergenerational Drum Circle - \$1/\$2  
 11:45 am-3:30 pm.....Duplicate Bridge - \$2/\$3  
 1-5:00 pm.....Mah-Jongg - \$2/\$3  
 12-5:00 pm.....Samba - Free/\$1  
 1-3:00 pm.....Aphasia Conversation Group - \$2/\$3  
 2-3:00 pm.....In the Sports News - Free/\$1  
 4-5:30 pm.....Ukulele - Play Along \$1/\$2  
 6-8:30 pm.....Sketch Group - \$2/\$3

## FRIDAY

9-10:00 am.....Functional Fitness - \$5/\$6  
 9:30-10:30 am.....Qi Gong - \$5/\$6  
 10:30-11:30 am.....Line Dance Experienced- \$5/\$6  
 10:30-3:00 pm.....Hand, Knee & Foot- Free/\$1  
 12-3:00 pm.....Quilters Corner- Free/\$1

**Pricing Key:** \$/Rec Card, \$/No Card

All fees are daily drop-in fees unless otherwise noted  
 (D) = Daily Fee, (M) = Monthly Fee, (Y) = Yearly Fee

## Crafts

### Quilter's Corner

**Tuesdays, 1-4:00 pm & Fridays, 12-3:00 pm**  
 \$Free/Rec Card, \$1/No Card

Quilters gather, sew and share the secrets of the trade. Please bring your own sewing machine.

### Sketch Group

**Thursdays, 6-8:30 pm**

\$2/Rec Card, \$3/No Card + \$5 (cash only) for live portrait model.

Join other sketch enthusiasts and participate in live model sketching sessions. All levels and mediums.

### Woodcarving, Woodburning & Folk Art Painting

**Tuesdays, 9 am - 12 pm**

\$8/Rec Card, \$12/No Card (per class)  
 \$28/Rec Card, \$42/No Card (per month)

Explore your creativity through woodcarving, wood burning, and painting on pre-made products and pictures on wood. Paint with oils, acrylics, pencils, pastels, or chalk. All abilities welcome.

### Wreath Making: Bows and Garland

**Monday, December 8 • 1-4:00 pm**

\$25/Rec Card, \$35/No Card  
 Must register by Weds, Dec.3

Create a deco mesh wreath for various seasons and holidays in this beginner class. Wreaths begin at 14" and end up 16-20." All materials provided.

## Socials

### Pancake Breakfast

**Tuesdays, 8:30-9:30 am**

\$4/Rec Card, \$5/No Card

Enjoy pancakes, sausage, bacon, fruit, coffee, and juice.  
 Co-sponsored by Mease Life retirement Community.



### In the News

**Wednesdays, 2-3:00 pm**

\$Free/Rec Card, \$1/No Card

Join this discussion group which covers current affairs, world shaping events and newsworthy topics.

### In the Sports News

**Thursdays, 3-4:00 pm**

\$Free/Rec Card, \$1/No Card

Join sports-minded folks like yourself to talk about what's happening in the sports world.

## Senior Planet Technology

### Lectures:

- **Online MyChart** (Electronic Health-Record Portal)  
Tuesday, December 9, 10-11:30 am
- **Virtual Museum Tours**  
Tuesday, December 16, 10-11:30 am

Lectures are free to attend. Walk-ins welcome; no registration required.

### Workshops:\*

- **Managing Privacy Settings with an Android**  
Wednesday, December 3, 1-2:30 pm

\*Workshops are free to attend, however you must register by the Monday prior to class in order to reserve your spot. Space is limited.

## Computers & Tech

### Tech Time

**Mondays, 3-5:00 pm** (30-minute sessions available)  
\$Free

Having difficulties using your phone or tablet, or getting around on the Internet? Don't cuss or fuss, call us to get help with your tech device or internet issues. To schedule your 30-minute session, please call 727-298-3299.

## Free Seminar

Join us for an opportunity to learn from local professional experts. These informative sessions are designed to provide you with valuable insight and knowledge to help you make informed decisions and improve your quality of life.

### Hope for the Holidays: Coping with Grief

**Tuesday, December 2, 10:00 am**

\$Free

Walk-ins welcome, no registration required.



## Cards & Games

### ♦ Casual Bridge

**Mondays & Wednesdays**  
**12-3:30 pm**  
\$2/Rec Card, \$3/No Card

### ♦ Duplicate Bridge

**Tuesdays & Thursdays**  
**11:45 am - 3:30 pm**  
\$2/Rec Card, \$3/No Card

### ♦ Canasta: Pennies From Heaven

**Wednesdays**  
**11:15 am - 4:30 pm**  
\$Free/Rec Card, \$1/No Card

### ♦ Chess: Learn & Play

**Mondays, 3-5:00 pm**  
\$Free/Rec Card, \$1/No Card

### ♦ Hand, Knee & Foot

**Fridays**  
**10:30 am - 3:00 pm**  
\$Free/Rec Card, \$1/No Card

### ♦ Samba

**Mondays, 10:30 am - 3 pm**  
**Tuesdays, 11 am - 4:00 pm**  
**Thursdays, 12-5:00 pm**  
\$Free/Rec Card, \$1/No Card

### ♦ Mah-Jongg

**Mondays, 6-8:00 pm**  
\$1/Rec Card, \$2/No Card  
**Thursdays, 1-5:00 pm**  
\$2/Rec Card, \$3/No Card



## Craft Shop

Stop by our Crafts Shop! Items for sale include locally hand-made jewelry, purses, greeting cards, pop culture items, knick-knacks, and many other creations that make great holiday gifts.

New items arriving weekly!  
Kindly, cash or check only.



### Craft Shop Hours:

- Mon-Thurs: 10:00 am - 4:00 pm
- Fridays: 10:00 am - 1:00 pm

## Joy Rides Dunedin

Joy Rides is an all-volunteer organization designed to provide rickshaw rides as a weekly activity option for residents. Rides are 45-minutes long and free to participate. Up to two people may ride at a time.

This program is provided by the First Presbyterian Church.

### Mondays, 9:00 am & 10:00 am

To schedule your free ride, call 727-298-3299. Participants will be asked to sign a Joy Rides waiver prior to riding.



## Fitness & Exercise

### Exercise Equipment Orientation

**2<sup>nd</sup> & 4<sup>th</sup> Tuesday, 10:30 am**

**1<sup>st</sup> & 3<sup>rd</sup> Thursday, 3:30 pm**

**\$Free**

Join our Fitness Coordinator, Bobby Gallagher, as he demonstrates how to safely use the multi-station strength equipment, free weights, and cardio-vascular fitness machines.

### Chair Yoga

**Tuesdays & Thursdays, 9:30-10:30 am**

**\$5/Rec Card, \$6/No Card (per day)**

### Functional Fitness

**Mondays & Fridays, 9-10:00 am**

**\$5/Rec Card, \$6/No Card (per day)**

### Intro to Taoist Tai Chi

**Mondays, 10:30-11:30 am**

**\$5/Rec Card, \$6/No Card**

### Qi Gong

**Wednesdays & Fridays, 9:30-10:30 am**

**\$5/Rec Card, \$6/No Card (per day)**

### Walking Club

**Tuesdays & Thursdays, 8:30 am**

**\$5/Rec Card, \$8/No Card (per year, Oct-Sept)**

### Zumba Gold

**Mondays, 9:30-10:30 am**

**Thursdays, 10:15-11:15 am**

**\$5/Rec Card, \$6/No Card (per day)**

## Dance

### Line Dance - Beginners

**Mondays, 10:30-11:30 am**

**\$20/Rec Card, \$30/No Card (per month)**

**Must pre-register.**

For beginners who want to learn country line dances played at weddings and parties. Line dance is great for the memory and good exercise.

### Line Dance - Experienced

**Wednesdays & Fridays, 10:30-11:30 am**

**\$5/Rec Card, \$6/No Card (per day)**

For experienced line dancers who enjoy progressive learning and have developed a high level of skill and familiarity with the various styles and routines of line dancing.

## Support Services

### Alzheimer's Support Group

**Wednesdays, 10-11:00 am • \$Free**

This support group is for family members, spouses and caregivers interested in learning more about Alzheimer's disease.

### Aphasia Activity Group

**\$2/Rec Card, \$3/No Card (per meeting)**

Persons with Aphasia and their caregivers are invited. Prior to coming, please call Brooke Oliver at 727-249-1953 or email [brooke@vohaphasia.org](mailto:brooke@vohaphasia.org). Led by Voices of Hope for Aphasia.

### C.A.N. Activities: Thursdays, 10 am-12:00 pm

Participate in Communication, Arts and Networking Activities including games, arts & crafts, music and hands-on activities that support communication.

### Conversation Group: Thursdays, 1-3:00 pm

Partake in supported conversation, short stories and other language activities.

### Blind Support Group (Resumes January)

**2nd Monday of every month, 1-3:00 pm • \$Free**

We're here to help and support those who are visually impaired along with their loved ones by offering this opportunity to socialize and share resources with one another.

### Parkinson's Support Group

**3rd Monday of every month, 1-3:30 pm • \$Free**

This free support group is open to individuals both living with Parkinson's (PWPs), as well as their Care Partners (CPs). It provides a welcoming space to connect with others, share experiences, and access helpful resources. Each meeting begins with everyone together for a presentation or a focused topic discussion. Following this, participants will separate into two groups, one for CPs and one for PWPs, to allow for more personalized conversation and peer support. This program is offered in partnership with the American Parkinson's Disease Association- Florida Chapter (APDA). For more info call/text 954-952-0429.

### Senior Counseling

**Mon & Wed, 9:30 am - 3:30 pm • \$Free**

Professional counseling offered for those with the greatest economic and social need who reside in Pinellas or Pasco counties and meet program guidelines. This program is funded through the Older American's Act. Appointment required - please call 727-570-9696, ext. 288.

### Medicare Counseling

**Fridays by appointment only, call 727-298-3299**

**\$Free. Presented by SHINE counselors.**