

November 2025

727-298-3299

Hale Senior Activity Center

330 Douglas Ave • Dunedin, FL 34698
727-298-3299 | www.Dunedin.gov

Hours of Operation

Monday	8 am - 9 pm
Tuesday	8 am - 5 pm
Wednesday	8 am - 5 pm
Thursday	8 am - 9 pm
Friday	8 am - 3 pm
Sat & Sun	Rentals Available

Holiday closures: Nov. 11, 27, 28

Recreation Card Rates

Resident	\$10 / 1 year
Non-Resident	\$90 / 1 year
	\$56 / 6 months
Unincorporated (Pinellas County)	\$56 / 1 year

To purchase or renew a Resident Rec Card, you must reside within the city limits, not including unincorporated areas, and provide proof of residency by presenting a photo ID along with a bill statement containing your name, address, and a date that is less than 90 days old upon date of registration.

Active U.S. Military and Veterans can receive a free Rec Card. Must show proof of Military/Veteran status and complete a registration form along with a wavier.

ADA Accommodation

If you feel you need an accommodation to access any service or program, please call 727-298-3042 or send an email to Theresa.Smalling@dunedin.gov at least (7) days prior to the requested participation date for the city's review.

Free Health Screenings

Blood Pressure Checks

3rd Tuesday of the month, 9:00 am
Performed by Dedicated Senior Medical Center

Hearing Health Screening

4th Tuesday of the month, 9:00 am
Performed by Miracle Ear Dunedin

Free Memory Screening

By appointment only. Call 727-298-3299
Sponsored by Arden Courts Memory
Care Community

"Pumpkin Palooza" Luncheon

Wednesday, November 12 • 12:00 pm

\$6/Rec Card, \$7/No Card

Must register by Friday, November 7

Join us to celebrate the season with all things pumpkin! Gather with friends who feel like family and watch an entertaining afternoon featuring talented and passionate Hale Center drummers.

Food Drive: We're hosting a Food Drive to support Dunedin Cares! Please consider bringing non-perishable canned or boxed food item to donate. Your generosity will help local families in need!



Thank you to our lunch sponsor:



Community Garage Sale

Saturday, November 15, 8:00 am -12:00 pm

Discover hidden treasures, bargains and great deals! This is your chance to be a part of a fun-filled day with neighbors and treasure seekers alike.



The Dunedin Three O'Clock Big Band: Dance & Concert

Wednesday, November 19 • 3:00 pm

\$5/person (doors open at 2:30 pm)

Join us for an exciting afternoon with the Three O'clock Big Band, as they showcase songs that shaped 20th-century life! Swing and sway and dance the afternoon away and even shake, rattle, and roll to hits from the classic big band era of the 1930s and 40s. Don't miss this vibrant celebration of music!



MONDAY

9-10:00 am.....Functional Fitness-\$5/\$6
 9:30-10:30 am.....Zumba Gold -\$5/\$6
 10:30-11:30 am.....Intro to Tai Chi - \$5/\$6
 10:30-3:00 pm..... Samba-Free/\$1
 12-2:00 pm.....Intergenerational Drum Circle - \$1/\$2
 12-4:00 pm.....Casual Bridge - \$2/\$3
 1-3:00 pm.....Parkinson's Support Group (3rd Mon) - Free
 3-5:00 pm.....Chess-Learn & Play - Free/\$1
 6:30-8:00 pm.....Dunedin Ukes - \$1/\$2
 6-8:00 pm.....Mah-Jongg - \$1/\$2

TUESDAY

8:30 am.....Walking Club - \$5/\$8(Y)
 8:30-9:30 am.....Pancake Breakfast - \$4/\$5
 9-10:00 am.....Health Screenings (3rd & 4th Tues) - Free
 9 am-12 pm.....Woodcarving - \$8/\$12
 9:30-10:30 am.....Chair Yoga - \$5/\$6
 11:00 am-4:00 pm.....Samba - Free/\$1
 11:45 am-3:30 pm.....Duplicate Bridge - \$2/\$3
 1-3:00 pm.....Dulcimer Club - \$1/\$2
 1-4:00 pm.....Quilters Corner - Free/\$1

WEDNESDAY

9:30-10:30 am.....Qi Gong - \$5/\$6
 10-11:00 am..... Alzheimer's Support Group - Free
 10:30-11:30 amLine Dance Experienced - \$5/\$6
 11:15 am-4:30 pm...Canasta: Pennies from Heaven- Free/\$1
 12-4:00 pm.....Casual Bridge - \$2/\$3
 12-2:00 pm.....Intergenerational Drum Circle - \$1/\$2
 2-3:00 pm.....In the News - Free/\$1

THURSDAY

8:30 am.....Walking Club - \$5/\$8(Y)
 9:30-10:30 am.....Chair Yoga - \$5/\$6
 10 am-12 pm.....Aphasia C.A.N Activities - \$2/\$3
 10:15-11:15 am.....Zumba Gold - \$5/\$6
 10:45 am-12:45 pm.....Intergenerational Drum Circle - \$1/\$2
 11:45 am-3:30 pm.....Duplicate Bridge - \$2/\$3
 1-5:00 pm.....Mah-Jongg - \$2/\$3
 12-5:00 pm.....Samba - Free/\$1
 1-3:00 pm.....Aphasia Conversation Group - \$2/\$3
 2-3:00 pm.....In the Sports News - Free/\$1
 4-5:30 pm.....Ukulele - Play Along \$1/\$2
 6-8:30 pm.....Sketch Group - \$2/\$3

FRIDAY

9-10:00 am.....Functional Fitness - \$5/\$6
 9:30-10:30 am.....Qi Gong - \$5/\$6
 10:30-11:30 amLine Dance Experienced- \$5/\$6
 10:30-3:00 pm.....Hand, Knee & Foot- Free/\$1
 12-3:00 pm.....Quilters Corner- Free/\$1

Pricing Key: \$/Rec Card, \$/No Card

All fees are daily drop-in fees unless otherwise noted
 (D) = Daily Fee, (M) = Monthly Fee, (Y) = Yearly Fee

Crafts

Quilter's Corner

Tuesdays, 1-4:00 pm & Fridays, 12-3:00 pm
 \$Free/Rec Card, \$1/No Card

Quilters gather, sew and share the secrets of the trade. Please bring your own sewing machine.

Sketch Group

Thursdays, 6-8:30 pm

\$2/Rec Card, \$3/No Card + \$5 (cash only) for live portrait model.

Join other sketch enthusiasts and participate in live model sketching sessions. All levels and mediums.

Woodcarving, Woodburning & Folk Art Painting

Tuesdays, 9 am - 12 pm

\$8/Rec Card, \$12/No Card (per class)
 \$28/Rec Card, \$42/No Card (per month)

Explore your creativity through woodcarving, wood burning, and painting on pre-made products and pictures on wood. Paint with oils, acrylics, pencils, pastels, or chalk. All abilities welcome.

Wreath Making: Christmas Ribbon Wreath

Monday, November 10, 1-4:00 pm

\$25/Rec Card, \$35/No Card
 Must register by November 5.

Create a deco mesh wreath for various seasons and holidays in this beginner class. Wreaths begin at 14" and end up 16-20." All materials provided.

Socials

Pancake Breakfast

Tuesdays, 8:30-9:30 am

\$4/Rec Card, \$5/No Card

Enjoy pancakes, sausage, bacon, fruit, coffee and juice.
 Co-sponsored by Mease Life retirement Community.



In the News

Wednesdays, 2-3:00 pm

\$Free/Rec Card, \$1/No Card

Join this discussion group which covers current affairs, world shaping events and newsworthy topics.

In the Sports News

Thursdays, 2-3:00 pm

\$Free/Rec Card, \$1/No Card

Join sports-minded folks like yourself to talk about what's happening in the sports world.

Senior Planet Technology

Lectures:

- **Online Health Resources at a Glance**
Wednesday, November 5, 1–2:30 pm
- **Intro to Photo Editing Tools**
Monday, November 10, 10-11:30 am
- **Understanding Fraud & Scams**
Monday, November 24, 1-2:30 pm

Lectures are free to attend. Walk-ins welcome; no registration required.

Workshops:*

- **Managing Privacy Settings with an iPhone**
Monday, November 3, 1-2:30 pm
- **Exploring RX Drug Resources Online**
Thursday, November 6, 2-3:30 pm
- **Using GovTrack.us**
Monday, November 17, 10-11:30 am

*Workshops are free to attend, however you must register by the Monday prior to class in order to reserve your spot. Space is limited.

Educational Seminars

Join us for an opportunity to learn from local professional experts. These informative sessions are designed to provide you with valuable insight and knowledge to help you make informed decisions and improve your quality of life.

Medicare Part C

Tuesday, November 4, 10:00 am
\$Free

Medicare Part D

Tuesday, November 18, 10:00 am
\$Free

Walk-ins welcome, no registration required.

Computers & Tech

Tech Time

Mondays, 3-5:00 pm (30-minute sessions available)
\$Free

Having difficulties using your phone or tablet, or getting around on the Internet? Don't cuss or fuss, call us to get help with your tech device or internet issues. To schedule your 30-minute session, please call 727-298-3299.

Cards & Games

♦ Casual Bridge

Mondays & Wednesdays
12-3:30 pm
\$2/Rec Card, \$3/No Card

♦ Duplicate Bridge

Tuesdays & Thursdays
11:45 am - 3:30 pm
\$2/Rec Card, \$3/No Card

♦ Canasta: Pennies From Heaven

Wednesdays
11:15 am - 4:30 pm
\$Free/Rec Card, \$1/No Card

♦ Chess: Learn & Play

Mondays, 3-5:00 pm
\$Free/Rec Card, \$1/No Card

♦ Hand, Knee & Foot

Fridays
10:30 am - 3:00 pm
\$Free/Rec Card, \$1/No Card

♦ Samba

Mondays, 10:30 am - 3 pm
Tuesdays, 11 am - 4:00 pm
Thursdays, 12-5:00 pm
\$Free/Rec Card, \$1/No Card

♦ Mah-Jongg

Mondays, 6-8:00 pm
\$1/Rec Card, \$2/No Card
Thursdays, 1-5:00 pm
\$2/Rec Card, \$3/No Card



Craft Shop

Stop by our Crafts Shop! Items for sale include locally hand-made jewelry, purses, greeting cards, pop culture items, knick-knacks, and many other creations that make great holiday gifts.

New items arriving weekly!
Kindly, cash or check only.



Craft Shop Hours:

- Mon-Thurs: 10:00 am - 4:00 pm
- Fridays: 10:00 am - 1:00 pm

Joy Rides Dunedin

Joy Rides is an all-volunteer organization designed to provide rickshaw rides as a weekly activity option for residents. Rides are 45-minutes long and free to participate. Up to two people may ride at a time.

This program is provided by the First Presbyterian Church.

Mondays, 9:00 am & 10:00 am

To schedule your free ride, call 727-298-3299. Participants will be asked to sign a Joy Rides waiver prior to riding.



Fitness & Exercise

Exercise Equipment Orientation

2nd & 4th Tuesday, 10:30 am

1st & 3rd Thursday, 3:30 pm

\$Free

Join Bobby Gallagher, our Fitness Coordinator, as he demonstrates how to safely use the multi-station strength equipment, free weights, and cardio-vascular fitness machines.

Chair Yoga

Tuesdays & Thursdays, 9:30-10:30 am

\$5/Rec Card, \$6/No Card (per day)

Functional Fitness

Mondays & Fridays, 9-10:00 am

\$5/Rec Card, \$6/No Card (per day)

Intro to Taoist Tai Chi

Mondays, 10:30-11:30 am

\$5/Rec Card, \$6/No Card

Qi Gong

Wednesdays & Fridays, 9:30-10:30 am

\$5/Rec Card, \$6/No Card (per day)

Walking Club

Tuesdays & Thursdays, 8:30 am

\$5/Rec Card, \$8/No Card (per year, Oct-Sept)

Zumba Gold

Mondays, 9:30-10:30 am

Thursdays, 10:15-11:15 am

\$5/Rec Card, \$6/No Card (per day)

Dance

Line Dance - Beginners

Mondays, 10:30-11:30 am

\$20/Rec Card, \$30/No Card (per month)

Must pre-register.

For beginners who want to learn country line dances played at weddings and parties. Line dance is great for the memory and good exercise.

Line Dance - Experienced

Wednesdays & Fridays, 10:30-11:30 am

\$5/Rec Card, \$6/No Card (per day)

For experienced line dancers who enjoy progressive learning and have developed a high level of skill and familiarity with the various styles and routines of line dancing.

Support Services

Alzheimer's Support Group

Wednesdays, 10-11:00 am • \$Free

This support group is for family members, spouses and caregivers interested in learning more about Alzheimer's disease.

Aphasia Activity Group

\$2/Rec Card, \$3/No Card (per meeting)

Persons with Aphasia and their caregivers are invited. Prior to coming, please call Brooke Oliver at 727-249-1953 or email brooke@vohaphasia.org. Led by Voices of Hope for Aphasia.

C.A.N. Activities: Thursdays, 10 am-12:00 pm

Participate in Communication, Arts and Networking Activities including games, arts & crafts, music and hands-on activities that support communication.

Conversation Group: Thursdays, 1-3:00 pm

Partake in supported conversation, short stories and other language activities.

Blind Support Group (Resumes January)

2nd Monday of every month, 1-3:00 pm • \$Free

We're here to help and support those who are visually impaired along with their loved ones by offering this opportunity to socialize and share resources with one another.

Parkinson's Support Group

3rd Monday of every month, 1-3:30 pm • \$Free

This free support group is open to individuals both living with Parkinson's (PWPs), as well as their Care Partners (CPs). It provides a welcoming space to connect with others, share experiences, and access helpful resources. Each meeting begins with everyone together for a presentation or a focused topic discussion. Following this, participants will separate into two groups, one for CPs and one for PWPs, to allow for more personalized conversation and peer support. This program is offered in partnership with the American Parkinson's Disease Association- Florida Chapter (APDA). For more info call/text 954-952-0429.

Senior Counseling

Mon & Wed, 9:30 am - 3:30 pm • \$Free

Professional counseling offered for those with the greatest economic and social need who reside in Pinellas or Pasco counties and meet program guidelines. This program is funded through the Older American's Act. Appointment required - please call 727-570-9696, ext. 288.

Medicare Counseling

Fridays by appointment only, call 727-298-3299

\$Free. Presented by SHINE counselors.