

July 2025

727-298-3299

Hale Senior Activity Center

330 Douglas Ave • Dunedin, FL 34698
727-298-3299 | www.Dunedin.gov

Hours of Operation

Monday	8 am - 9 pm
Tuesday	8 am - 5 pm
Wednesday	8 am - 5 pm
Thursday	8 am - 9 pm
Friday	8 am - 3 pm
Sat & Sun	Rentals Available

Holiday Closure: Friday, July 4

Recreation Card Rates

Resident	\$10 / 1 year
Non-Resident	\$90 / 1 year
	\$56 / 6 months
Unincorporated (Pinellas County)	\$56 / 1 year

To purchase or renew a Resident Rec Card, you must reside within the city limits, not including unincorporated areas, and provide proof of residency by presenting a photo ID along with a bill statement containing your name, address, and a date that is less than 90 days old upon date of registration.

ADA Accommodation

If you feel you need an accommodation to access any service or program, please call 727-298-3042 or send an email to Theresa.Smalling@dunedin.gov at least 7 days prior to the requested participation date for the city's review.

The Dunedin Three O'Clock Big Band: Dance & Concert

Wednesday, July 2

3:00 pm

\$5/person (doors open at 2:30 pm)

Join the band in celebrating the 4th of July on the 2nd!

Enjoy an afternoon of music that celebrates and honors our freedoms during a delightful and spirited dance concert. The band will take you on a journey from the dance halls of World War II to patriotic favorites. Feel free to get up and dance or enjoy the music from your seat!



"Feeling Beachy" Luncheon

Wednesday, July 9

12:00 pm

\$6/Rec Card, \$7/No Card

Must register by Thursday, July 3

Put on your best sundress and shade hat and join us a fun day at the Hale Center indoor beach club! Enjoy lunch, a presentation about Honeymoon Island State Park, and beachy summer vibes without the heat of the sun!



Thank you to our lunch sponsors:



Free Health Screenings

Blood Pressure Checks

3rd Tuesday of the month, 9:00 am
Performed by Dedicated Senior Medical Center

Hearing Health Screening

4th Tuesday of the month, 9:00 am
Performed by Miracle Ear Dunedin

Free Memory Screening

By appointment only. Call 727-298-3299
Sponsored by Arden Courts Memory Care Community

Terracotta Pot Painting & Herb Planting Class

NEW

Wednesday, July 23

11 am - 12:30 pm

\$15/Rec Card, \$18/No Card

Start your own mini herb garden! Join us for a fun and creative experience as you paint your own 5.5" terracotta pot. Each participant will receive one pot to paint with acrylic paint and an herb starter kit to plant inside.



MONDAY

9-10:00am.....Functional Fitness-\$5/\$6
 9:30-10:30 am.....Zumba Gold -\$5/\$6
 10:30-11:30 am.....Intro to Tai Chi - \$5/\$6
 10:30-3:00 pm.....Samba-Free/\$1
 12-2:00 pm.....Intergenerational Drum Circle - \$1/\$2
 12-4:00 pm.....Casual Bridge - \$2/\$3
 1-3:00 pm.....Parkinson's Support Group (5/19) - Free
 3-5:00 pm.....Chess-Learn & Play - Free/\$1
 6:30-8:00 pm.....Dunedin Ukes - \$1/\$2
 6-8:00 pm.....Mah-Jongg - \$1/\$2

TUESDAY

8:00 am.....Walking Club - \$5/\$8(Y)
 8:30-9:30 am.....Pancake Breakfast - \$4/\$5
 9-10:00 am.....Health Screenings (3rd - 4th Tues) - Free
 9 am-12 pm.....Woodcarving - \$8/\$12
 9:30-10:30 am.....Chair Yoga - \$5/\$6
 11:00 am - 4:00 pm.....Samba - Free/\$1
 11:45 am - 3:30 pm.....Duplicate Bridge - \$2/\$3
 1-3:00 pm.....Dulcimer Club - \$1/\$2
 1-4:00 pm.....Quilters Corner - Free/\$1

WEDNESDAY

9:30-10:30 am.....Qi Gong - \$5/\$6
 10-11:00 am.....Alzheimer's Support Group - Free
 10:30-11:30 am.....Line Dance Experienced - \$5/\$6
 11:15 am - 4:30 pm.....Canasta - Free/\$1
 12:00-4:00 pm.....Casual Bridge - \$2/\$3
 12-2:00 pm.....Intergenerational Drum Circle - \$1/\$2
 2-3:00 pm.....In the News - Free/\$1

THURSDAY

8:00 am.....Walking Club - \$5/\$8(Y)
 9:30-10:30 am.....Chair Yoga - \$5/\$6
 10 am - 12 pm.....Intergenerational Drum Circle - \$1/\$2
 10 am - 12 pm.....Aphasia C.A.N Activities - \$2/\$3
 10:15-11:15 am.....Zumba Gold - \$5/\$6
 11:45 am - 3:30 pm.....Duplicate Bridge - \$2/\$3
 12:30-4:30 pm.....Mah-Jongg - \$2/\$3
 12:00-5:00 pm.....Samba - Free/\$1
 1-3:00 pm.....Aphasia Conversation Group - \$2/\$3
 2-3:00 pm.....In the Sports News - Free/\$1
 6-8:30 pm.....Sketch Group - \$2/\$3

FRIDAY

9-10:00 am.....Functional Fitness - \$5/\$6
 9:30-10:30 am.....Qi Gong - \$5/\$6
 10:30-11:30 am.....Line Dance Experienced - \$5/\$6
 10:30 am - 3:00 pm.....Hand, Knee & Foot - Free/\$1
 12-3:00 pm.....Quilters Corner - Free/\$1

Pricing Key: \$/Rec Card, \$/No Card

All fees are daily drop-in fees unless otherwise noted
 (D) = Daily Fee, (M) = Monthly Fee, (Y) = Yearly Fee

Crafts

Quilter's Corner

Tuesdays, 1-4:00 pm & Fridays, 12-3:00 pm
 \$Free/Rec Card, \$1/No Card

Quilters gather, sew and share the secrets of the trade. Please bring your own sewing machine.

Sketch Group

Thursdays, 6-8:30 pm

\$2/Rec Card, \$3/No Card + \$5 (cash only) for live portrait model.

Join other sketch enthusiasts and participate in live model sketching sessions. All levels and mediums.

Woodcarving, Wood Burning & Folk Art Painting

Tuesdays, 9 am - 12 pm

\$8/Rec Card; \$12/No Card (per class)

\$28/Rec Card; \$42/No Card (per month)

Woodcarving, wood burning, and painting on pre-made products and pictures on wood. Paint with oils, acrylics, pencils, pastels, or chalk. All abilities welcome.

Wreath Making Class: Musical, Bicycle, or Sunflowers

Monday, July 14, 1-3:00pm

\$22/Rec Card; \$33/No Card

Must register by July 10

Create a deco mesh wreath for various seasons and holidays in this beginner class. Wreaths begin at 14" and end up 16-20". All materials provided.

Park & Recreation Month

July is National Park and Recreation Month! This year's theme, **"Build Together, Play Together,"** serves as a powerful reminder that the heart of every thriving community lies in the places where we gather, grow, and connect.

Join us in celebrating the amazing people, places, and programs that make Dunedin Parks & Recreation such an essential part of our community.

At the Hale Senior Activity Center, we offer a range of programs to help keep you active, healthy, and engaged - all while having fun!

Check out our daily schedule or visit www.dunedin.gov. You may also follow us on social media @CityofDunedin for events, stories, and ways for you to get involved!

NRPA'S PARK AND RECREATION MONTH



Senior Planet Technology

Lecture: A.I. Image Generators

Tuesday, July 15, 10-11:15 am

\$Free

Go beyond stick figures and bring your imagination to life with AI image generators!

Lecture: Smartphone Camera Uses Beyond Photography

Tuesday, August 5, 10-11:15 am

\$Free

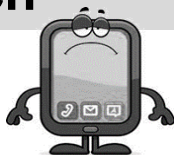
Join us to learn about additional ways you can use your smartphone's camera beyond photography! We'll explore a variety of fun and useful features made possible by apps, such as scanning QR codes and translating text. We'll also cover considerations for choosing apps and reviewing their privacy and data practices.

Computers & Tech

Tech Time

Mondays & Wednesdays, 3-5:00 pm

\$Free



Having difficulties using your phone or tablet, or getting around on the Internet? Don't cuss or fuss, call us to get help with your tech device or internet issues. To schedule your 30-minute session, please call 727-298-3299.



Cards & Games



♦ Casual Bridge

Mondays & Wednesdays

12-3:30 pm

\$2/Rec Card, \$3/No Card

♦ Hand, Knee & Foot

Fridays

10:30 am-3:00 pm

\$Free/Rec Card, \$1/No Card

♦ Duplicate Bridge

Tuesdays & Thursdays

11:45 am-3:30 pm

\$2/Rec Card, \$3/No Card

♦ Samba

Mondays, 10:30 am - 3 pm

Tuesdays, 11 am - 4:00 pm

Thursdays, 12-5:00 pm

\$Free/Rec Card, \$1/No Card

♦ Canasta: Pennies From Heaven

Wednesdays

11:15 am-4:30 pm

\$Free/Rec Card, \$1/No Card

♦ Chess: Learn & Play

Mondays

3-5:00 pm

\$Free/Rec Card, \$1/No Card

♦ Mah-Jongg

Mondays, 6-8:30 pm

\$1/Rec Card, \$2/No Card

Thursdays, 12:30-4:30pm

\$2/Rec Card, \$3/No Card



Socials

Pancake Breakfast

Tuesdays, 8:30-9:30 am

\$4/Rec Card, \$5/No Card

Enjoy pancakes, sausage, bacon, fruit, coffee and juice. Co-sponsored by Mease Life retirement Community.



In the News

Wednesdays, 2-3:00 pm

\$Free/Rec Card, \$1/No Card

Join this discussion group which covers current affairs, world shaping events and newsworthy topics.

In the Sports News

Thursdays, 2-3:00 pm

\$Free/Rec Card, \$1/No Card

Are sports your thing? Do you enjoy the news? Then you are in the right place! Join sports-minded folks like yourself to talk about what's happening in the sports world.

Music

Ukulele - "Dunedin Ukes"

Mondays, 6:30-8:00 pm

\$1/Rec Card, \$2/No Card



Intergenerational Drum Circle

Mon & Wed, 12-2:00 pm & Thurs, 10 am-12 pm

\$1/Rec Card, \$2/No Card

Dulcimer Club

Tuesdays, 1-3:00 pm

\$1/Rec Card, \$2/No Card

Ukulele - Play Along

Thursdays, 4-5:30 pm

\$1/Rec Card, \$2/No Card



Come jam on your ukulele with fellow players!

Ukulele for Beginners

Thursdays, July 10-31, 7-8:00 pm

\$12/Rec Card, \$15/No Card

Must register by July 8.

Learn about the ukulele, including how to tune, strum, and play basic chords and simple songs. You'll also learn tips and tricks to make playing easier. Bring your ukulele and join us for some fun! If you do not have a ukulele, we will provide one for you to borrow. Hosted by Dunedin Ukes.

Fitness & Exercise

Exercise Equipment Orientation

2nd & 4th Tuesday, 10:30 am

1st & 3rd Thursday, 3:30 pm

\$Free

Join Bobby Gallagher, our Fitness Coordinator, as he demonstrates how to safely use the multi-station strength equipment, free weights, and cardiovascular fitness machines.

Chair Yoga

Tuesdays & Thursdays, 9:30-10:30 am

\$5/Rec Card, \$6/No Card

Functional Fitness

Mondays & Fridays, 9-10:00 am

\$5/Rec Card, \$6/No Card

Intro to Taoist Tai Chi

Mondays, 10:30-11:30 am

\$5/Rec Card, \$6/No Card

Qi Gong

Wednesdays & Fridays, 9:30-10:30 am

\$5/Rec Card, \$6/No Card

Walking Club

Tuesdays & Thursdays, 8:00 am

\$5/Rec Card, \$8/No Card (per year, Oct-Sept)

Zumba Gold

Mondays, 9:30-10:30 am

Thursdays, 10:15-11:15 am

\$5/Rec Card, \$6/No Card

Dance

Line Dance - Beginners

Mondays, 10:30-11:30 am

\$20/Rec Card, \$30/No Card (per month)

Must pre-register.

For beginners who want to learn country line dances played at weddings and parties. Line dance is great for the memory and good exercise.

Line Dance - Experienced

Wednesdays & Fridays, 10:30-11:30 am

\$5/Rec Card, \$6/No Card

For experienced line dancers who enjoy progressive learning and have developed a high level of skill and familiarity with the various styles and routines of line dancing.

Support Services

Alzheimer's Support Group

Wednesdays, 10-11:00 am

\$Free

This support group is for family members, spouses and caregivers interested in learning more about Alzheimer's disease.

Aphasia Activity Group

\$2/Rec Card, \$3/No Card (per meeting)

Persons with Aphasia and their caregivers are invited. Prior to coming, please call Brooke Oliver at 727-249-1953 or email brooke@vohaphasia.org. Led by Voices of Hope for Aphasia.

C.A.N. Activities: Thursdays, 10 am-12 pm

Participate in Communication, Arts and Networking Activities including games, arts & crafts, music and hands-on activities that support communication.

Conversation Group: Thursdays, 1-3:00 pm

Partake in supported conversation, short stories and other language activities.

Parkinson's Support Group

3rd Monday of every month, 1-3:30 pm

\$Free

Meetings foster self-empowerment, coping skills and socialization in a non-judgmental and encouraging atmosphere. Includes physical, occupational, and speech exercises.

Senior Counseling

Mondays & Wednesdays, 9:30 am-3:30 pm

Professional counseling offered for those with the greatest economic and social need who reside in Pinellas or Pasco counties and meet program guidelines. This program is funded through the Older American's Act. Appointment required - please call Shakeita Hazley at 727-570-9696, ext. 288.

Medicare Counseling

Fridays by appointment, call 727-298-3299

Free counseling for Medicare. Presented by SHINE counselors.

