

**March 2026**

**727-298-3299**

**Hale Senior Activity Center**

330 Douglas Ave • Dunedin, FL 34698  
727-298-3299 | www.Dunedin.gov

**Hours of Operation**

Monday	8 am - 9 pm
Tuesday	8 am - 5 pm
Wednesday	8 am - 5 pm
Thursday	8 am - 9 pm
Friday	8 am - 3 pm
Sat & Sun	Rentals Available

**Closures: See inside pages for adjusted hours on Blue Jay game days.**

**Recreation Card Rates**

Resident	\$10 / 1 year
Non-Resident	\$90 / 1 year
	\$56 / 6 months
Unincorporated (Pinellas County)	\$56 / 1 year

To purchase or renew a Resident Rec Card, you must reside within the city limits, not including unincorporated areas, and provide proof of residency by presenting a photo ID along with a bill statement containing your name, address, and a date that is less than 90 days old upon date of registration.

**Active U.S. Military and Veterans** receive a free Rec Card. Must show proof of Military or Veteran status and complete a registration form along with a wavier.

**ADA Accommodation**

If you feel you need an accommodation to access any service or program, please call 727-298-3042 or send an email to Theresa.Smalling@Dunedin.gov at least (7) days prior to the requested participation date for the city's review.

**Free Health Screenings**

**Blood Pressure Checks**

3rd Tuesday of the month, 9:00 am  
Performed by Dedicated Senior Medical Center

**Hearing Health Screening**

4th Tuesday of the month, 9:00 am  
Performed by Miracle Ear Dunedin

**Free Memory Screening**

By appointment only. Call 727-298-3299  
Sponsored by Arden Courts Memory Care Community

**ST. PADDY'S ALL CLOVER AGAIN LUNCHEON**

**Wednesday, March 11, 12 Noon**

\$6/Rec Card, \$7/No Card (register by Fri 3/6)

Join us for a festive shamrock and clover luncheon with a touch of Irish charm!

Mingle with friends and challenge one another in our lively scavenger hunt that brings a playful twist to the afternoon, complete with friendly competition inspired by shamrocks, rainbows, and just a touch of luck and magic.



Thank you to our luncheon sponsor:



**The Dunedin Three O'Clock Big Band: Dance & Concert**



**Wednesday, March 25, 3:00 pm** (doors open at 2:45 pm)

\$5 at the door (cash only)

Join us for an exciting afternoon with songs that shaped 20th-century life! Swing, sway and dance the afternoon away, or even shake, rattle, and roll to popular hits from the 1930s to 1970s.

**Broadway Musicals Explained**

Join Broadway Edutainer, Ellen Katz, for a lively presentation celebrating the musical lives of three remarkable women. Through engaging stories, musical clips, and fascinating history, she both teaches and entertains.



Mondays, 3-4:30pm

- **March 23:** Barbara Streisand
- **April 6:** Carole King
- **April 27:** Bette Midler

\$5/person (per day). Register & reserve your spot. Walk-ins welcome, if space is available.

**Vintage Vibes Dance Night**

**Thursday, March 26, 6-8:00 pm - \$5 / person**

Come and get your groove on! Throw on your boogie shoes and dance the night away to throwback hits! Bring friends and rock your favorite dance-era's costumes!

# February / March 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

On Blue Jays Spring Training home game days, the area becomes very busy and the Hale Center parking lot is used for event parking. As a result, the **Hale Center will close at 11am on game days. If a game falls on Monday or Thursday, the center will reopen at 5pm** for evening programs. Some programs may be canceled or moved to Dunedin Community Center (1920 Pinehurst Road) or MLK Recreation Center (550 Laura Lane) as scheduling permits.

**23 GAME DAY**  
(close 11am; reopen 5pm)  
9:00 Func. Fitness \$5/\$6  
9:30 Zumba Gold \$5/\$6  
10:30 Line Dance\* Pre-Reg  
10:30 Tai Chi \$5/\$6  
10:30 Samba \$0/\$1  
12:30 Cas. Bridge \$2/\$3  
6:00 Mah-Jongg \$1/\$2  
6:30 Dunedin Ukes \$1/\$2  
  
at Community Center  
12:00 Drum Circle \$1/\$2  
3:00 Chess \$0/\$1

**24 GAME DAY**  
(close at 11am)  
8:30 Walking Club \$5/\$8  
8:30 Breakfast \$4/\$5  
9:00 Woodcarving \$8/12  
9:30 Chair Yoga \$5/\$6  
11:45 Dup. Bridge \$2/\$3  
1:00 Quilter's \$0/\$1  
  
at Community Center  
11:00 Samba \$0/\$1  
  
at MLK Rec Center  
1:00 Dulcimer Club \$1/\$2

**25**  
9:30 Qi Gong \$5/\$6  
10:00 Alzheimer's Grp Free  
10:30 Line Dance-Exp \$5/\$6  
11:15 Canasta \$0/\$1  
12:00 Casual Bridge \$2/\$3  
12:00 Drum Circle \$1/\$2  
1:00 Senior Planet Free  
2:00 In the News \$0/\$1

**26 GAME DAY**  
(close 11am; reopen 5pm)  
8:30 Walking Club \$5/\$8  
9:30 Chair Yoga \$5/\$6  
10:15 Zumba Gold \$5/\$6  
10:30 Aphasia \$2/\$3  
11:45 Dup. Bridge \$2/\$3  
12:30 Samba \$0/\$1  
3:00 Sports-News \$0/\$1  
4:00 Ukulele-Play \$1/\$2  
6:00 Sketch Group \$2/\$3  
6:00 Vintage Vibes \$5  
  
at Community Center  
10:45 Drum Circle \$1/\$2  
1:00 Mah-Jongg \$2/\$3

**27**  
9:00 Func. Fitness \$5/\$6  
9:30 Qi Gong \$5/\$6  
10:00 Bereavement Grp\* Pre-Reg  
10:30 Line Dance-Exp \$5/\$6  
10:30 Hand, Knee, Foot \$0/\$1  
12:00 Quilter's Corner \$0/\$1

**2 GAME DAY**  
(close 11am; reopen 5pm)  
9:00 Func. Fitness \$5/\$6  
9:30 Zumba Gold \$5/\$6  
10:30 Tai Chi \$5/\$6  
10:30 Line Dance\* Pre-Reg  
10:30 Samba \$0/\$1  
12:30 Cas. Bridge \$2/\$3  
6:00 Mah-Jongg \$1/\$2  
6:30 Dunedin Ukes \$1/\$2  
  
at Community Center  
12:00 Drum Circle \$1/\$2  
3:00 Chess \$0/\$1

**3 GAME DAY**  
(close at 11am)  
8:30 Walking Club \$5/\$8  
8:30 Breakfast \$4/\$5  
9:00 Woodcarving \$8/12  
9:30 Chair Yoga \$5/\$6  
10:00 Seminar Free  
11:00 Samba \$0/\$1  
11:45 Dup. Bridge \$2/\$3  
1:00 Quilter's \$0/\$1  
  
at MLK Rec Center  
1:00 Dulcimer Club \$1/\$2

**4**  
9:30 Qi Gong \$5/\$6  
10:00 Alzheimer's Grp Free  
10:30 Line Dance-Exp \$5/\$6  
11:15 Canasta \$0/\$1  
12:00 Casual Bridge \$2/\$3  
1:00 Cooking Wkshp\* Pre-Reg  
2:00 In the News \$0/\$1  
  
at Community Center  
12:00 Drum Circle \$1/\$2

**5**  
8:30 Walking Club \$5/\$8  
9:30 Chair Yoga \$5/\$6  
10:00 Aphasia \$2/\$3  
10:15 Zumba Gold \$5/\$6  
10:45 Drum Circle \$1/\$2  
11:45 Dup. Bridge \$2/\$3  
12:30 Samba \$0/\$1  
1:00 Senior Planet Free  
1:00 Mah-Jongg \$2/\$3  
3:00 Sports News \$0/\$1  
4:00 Ukulele Play \$1/\$2  
6:00 Sketch Group \$2/\$3

**6 GAME DAY**  
(close at 11am)  
9:00 Func. Fitness \$5/\$6  
9:30 Qi Gong \$5/\$6  
10:30 Line Dance-Exp \$5/\$6  
10:30 Hand, Knee, Foot \$0/\$1  
  
at MLK Rec Center  
12:00 Quilter's Corner \$1/\$2

**9**  
9:00 Func. Fitness \$5/\$6  
9:30 Zumba Gold \$5/\$6  
10:30 Line Dance\* Pre-Reg  
10:30 Samba \$0/\$1  
10:30 Tai Chi \$5/\$6  
11:00 Dulcimer-Beg\* Pre-Reg  
12:00 Drum Circle \$1/\$2  
12:30 Casual Bridge \$2/\$3

**10 GAME DAY**  
(close at 11am)  
8:30 Walking Club \$5/\$8  
8:30 Breakfast \$4/\$5  
9:00 Woodcarving \$8/12  
9:30 Chair Yoga \$5/\$6  
11:45 Dup. Bridge \$2/\$3  
1:00 Quilter's \$0/\$1

**11**  
9:30 Qi Gong \$5/\$6  
10:00 Alzheimer's Grp Free  
10:30 Line Dance-Exp \$5/\$6  
11:15 Canasta \$0/\$1  
12:00 Casual Bridge \$2/\$3  
12:00 Drum Circle \$1/\$2  
12:00 Luncheon\* \$6/\$7  
2:00 In the News \$0/\$1

**12**  
8:30 Walking Club \$5/\$8  
9:30 Chair Yoga \$5/\$6  
10:00 Aphasia \$2/\$3  
10:15 Zumba Gold \$5/\$6  
10:45 Drum Circle \$1/\$2  
11:45 Dup. Bridge \$2/\$3  
12:30 Samba \$0/\$1  
1:00 Mah-Jongg \$2/\$3

**13 GAME DAY**  
(close at 11am)  
9:00 Func. Fitness \$5/\$6  
9:30 Qi Gong \$5/\$6  
10:00 Bereavement Grp\* Pre-Reg  
10:30 Line Dance-Exp \$5/\$6

<p>1:00 Blind Support Free 1:00 Wreath Making Pre-Reg \$0/\$1 3:00 Chess \$0/\$1 6:00 Mah-Jongg \$1/\$2 6:30 Dunedin Ukcs \$1/\$2</p>	<p><b>at Community Center</b> 11:00 Samba \$0/\$1 <b>at MLK Rec Center</b> 1:00 Dulcimer Club \$1/\$2</p>	<p>2:00 Sports News \$0/\$1 4:00 Ukulele Play \$1/\$2 6:00 Sketch Group \$2/\$3</p>	<p><b>at Community Center</b> 10:30 Hand, Knee, Foot \$0/\$1 12:00 Quilter's Corner \$1/\$2</p>
<p><b>16</b> 9:00 Func. Fitness \$5/\$6 9:30 Zumba Gold \$5/\$6 10:30 Line Dance* Pre-Reg 10:30 Samba \$0/\$1 10:30 Tai Chi \$5/\$6 11:00 Dulcimer-Beg* Pre-Reg 12:00 Drum Circle \$1/\$2 12:30 Casual Bridge \$2/\$3 1:00 Parkinson's Free 3:00 Chess \$0/\$1 6:00 Mah-Jongg \$1/\$2 6:30 Dunedin Ukcs \$1/\$2</p>	<p><b>17</b> 8:30 Walking Club \$5/\$8 8:30 Breakfast \$4/\$5 9:00 Woodcarving \$8/12 9:00 Health Screen Free 9:30 Chair Yoga \$5/\$6 10:00 Senior Planet Free 11:00 Samba \$0/\$1 11:45 Dup. Bridge \$2/\$3 1:00 Dulcimer \$1/\$2 1:00 Quilter's \$0/\$1</p>	<p><b>18 GAME DAY</b> (close at 11am) 9:30 Qi Gong \$5/\$6 10:00 Alzheimer's Grp Free 10:30 Line Dance-Exp \$5/\$6 12:00 Casual-Bridge \$2/\$3 2:00 In-the-News \$0/\$1 <b>at Community Center</b> 11:15 Canasta \$0/\$1 12:00 Drum Circle \$1/\$2</p>	<p><b>19 GAME DAY</b> (close 11am; reopen 5pm) 8:30 Walking Club \$5/\$8 9:30 Chair Yoga \$5/\$6 10:15 Zumba Gold \$5/\$6 10:00 Aphasia \$2/\$3 11:45 Dup. Bridge \$2/\$3 12:30 Samba \$0/\$1 3:00 Sports-News \$0/\$1 4:00 Ukulele Play \$1/\$2 6:00 Sketch Group \$2/\$3 <b>at Community Center</b> 10:45 Drum Circle \$1/\$2 1:00 Mah-Jongg \$1/\$2</p>
<p><b>23</b> 9:00 Func. Fitness \$5/\$6 9:30 Zumba Gold \$5/\$6 10:30 Line Dance* Pre-Reg 10:30 Samba \$0/\$1 10:30 Tai Chi \$5/\$6 11:00 Dulcimer-Beg* Pre-Reg 12:00 Drum Circle \$1/\$2 12:30 Casual Bridge \$2/\$3 3:00 Broadway Mus \$5 3:00 Chess \$0/\$1 6:00 Mah-Jongg \$1/\$2 6:30 Dunedin Ukcs \$1/\$2</p>	<p><b>24</b> 8:30 Walking Club \$5/\$8 8:30 Breakfast \$4/\$5 9:00 Woodcarving \$8/12 9:00 Health Screen Free 9:30 Chair Yoga \$5/\$6 10:00 Seminar Free 11:00 Samba \$0/\$1 11:45 Dup. Bridge \$2/\$3 1:00 Dulcimer \$1/\$2 1:00 Quilter's \$0/\$1</p>	<p><b>25</b> 9:30 Qi Gong \$5/\$6 10:00 Alzheimer's Grp Free 10:30 Line Dance-Exp \$5/\$6 11:15 Canasta \$0/\$1 12:00 Casual Bridge \$2/\$3 12:00 Drum Circle \$1/\$2 2:00 In the News \$0/\$1 3:00 Big Band Dance \$5</p>	<p><b>26</b> 8:30 Walking Club \$5/\$8 9:30 Chair Yoga \$5/\$6 9:30 Trip* Pre-Reg 10:00 Drum Circle \$1/\$2 10:00 Aphasia \$2/\$3 10:15 Zumba Gold \$5/\$6 11:45 Dup. Bridge \$2/\$3 12:30 Samba \$0/\$1 1:00 Mah-Jongg \$2/\$3 2:00 Sports News \$0/\$1 4:00 Ukulele Play \$1/\$2 6:00 Sketch Group \$2/\$3 6:00 Vintage Vibes \$5</p>
<p><b>30</b> 9:00 Func. Fitness \$5/\$6 9:30 Zumba Gold \$5/\$6 10:30 Line Dance* Pre-Reg 10:30 Samba \$0/\$1 10:30 Tai Chi \$5/\$6 11:00 Dulcimer-Beg* Pre-Reg 12:00 Drum Circle \$1/\$2 12:30 Casual Bridge \$2/\$3 1:00 Cooking Wkshp* Pre-Reg 3:00 Chess \$0/\$1 6:00 Mah-Jongg \$1/\$2 6:30 Dunedin Ukcs \$1/\$2</p>	<p><b>31</b> 8:30 Walking Club \$5/\$8 8:30 Breakfast \$4/\$5 9:00 Woodcarving \$8/12 9:00 Health Screen Free 9:30 Chair Yoga \$5/\$6 10:00 Seminar Free 11:00 Samba \$0/\$1 11:45 Dup. Bridge \$2/\$3 1:00 Dulcimer \$1/\$2 1:00 Quilters \$0/\$1</p>	<p><b>27</b> 9:00 Func. Fitness \$5/\$6 9:30 Qi Gong \$5/\$6 10:30 Line-Dance-Exp \$5/\$6 10:30 Hand, Knee, Foot \$0/\$1 12:00 Quilter's Corner \$0/\$1 12:00 Fall Prevention*</p>	<p><b>27</b> 9:00 Func. Fitness \$5/\$6 9:30 Qi Gong \$5/\$6 10:30 Line-Dance-Exp \$5/\$6 10:30 Hand, Knee, Foot \$0/\$1 12:00 Quilter's Corner \$0/\$1 12:00 Fall Prevention*</p>
<p><b>Questions? Please call:</b></p> <ul style="list-style-type: none"> <li>Hale Senior Activity Center at 727-298-3299.</li> </ul> <p>If closed, please call:</p> <ul style="list-style-type: none"> <li>Dunedin Community Center: 727-812-4530</li> <li>MLK Recreation Center: 727-738-2920.</li> </ul> <p><b>Parking:</b> On game days, please enter/exit at the south entrance (near Homeplate Restaurant). If you are attending a Hale Center program or class, please tell the parking attendant know. *Pre-Registration (): These programs require pre-registration; walk-ins may not be accepted.</p>			

## Support Groups

### Alzheimer's Support Group

Wednesdays, 10-11:00 am • \$Free

For caregivers, family members, and spouses.

### Aphasia Activity Group

\$2/\$3 per meeting. Prior to coming, call Brooke Oliver at 727-249-1953 or email [brooke@vohaphasia.org](mailto:brooke@vohaphasia.org).

- ◆ **C.A.N. Activities: Thursdays, 10 am - 12 pm**  
Participate in Communication, Arts and Networking Activities including games, arts & crafts, music and other hands-on activities that support communication.
- ◆ **Conversation Group: Thursdays, 1-3:00 pm**  
Partake in supported conversation, short stories and other language activities.

### Blind Support Group

Monday, March 9, 1-3:00 pm • \$Free

We support those with visual impairments and their loved ones by providing space to connect and share resources.

### Parkinson's Support Group

Monday, March 16, 1-3:30 pm • \$Free

Meetings build self-empowerment, coping skills, and socialization in a supportive setting, with physical and speech exercises.

## Support Services

### Amplified Phones

Tuesday, March 24, 9 - 11:00 am • \$Free

Receive a free amplified phone from Florida Telecommunications Relay, and in partnership with Deaf and Hard of Hearing Services of Florida, Inc. Phones are easy to use, have large buttons to help with vision, and loud incoming sound to assist with hearing loss. Help is also available to those with a cell phone (must have Bluetooth and unlimited minutes). Appointment required, call 727-853-1010.

### Medicare Counseling

Fridays, 10 am - 12 pm • \$Free


Free counseling presented by SHINE counselors. Call 727-298-3299 to schedule your appointment.

### Senior Counseling

Wednesdays, 8:30 am - 2:00 pm

Professional counseling is offered for those with the greatest economic and social need who reside in Pinellas or Pasco county and meet program guidelines. Services are provided by the Area Agency on Aging of Pasco and Pinellas and is funded through the Older American's Act. Appointment is required, call 727-570-9696 ext.288.

## Instant Pot Cooking Workshop

Join Rita Anthony, a certified plant-based chef,  for a fun, hands on experience. Watch and learn as she demonstrates how to use an Instant Pot to create simple, heart healthy dishes that support digestion, longevity, and vibrant health. Enjoy delicious samples - and bring a container for leftovers!

- **Wed, March 4 • Lentil Taco Bar**  
1-4:00 pm (must register by 3/2)
- **Mon, March 30 • Lasagna Soup and Stuffed Cabbage Soup**  
1-4:00 pm (must register by 3/27)
- **Wed, April 29 • Asian Noodle Bowl**  
1-4:00 pm (must register by 4/27)

\$45/Rec Card, \$65/No Card (per session)

Register by the deadline to reserve your spot and avoid cancellation.

## Free Educational Seminars

### • Don't Be Fooled: How to Spot a Scam

Tuesday, March 3 • 10-11:00 am

Presented by Pinellas County Consumer Protection

### • We Honor Veterans Program

Tuesday, March 24 • 10-11:00 am

Presented by Empath Health

### • Hospice - Know Us Before You Need Us

Tuesday, March 31 • 10-11:00 am

Presented by Empath Health

\$Free. No registration required; walk-ins welcome.

## Trips

### The Collections at Palmetto Museum

Thursday, March 26 • 9:30 am - 2:45 pm

\$30 (must register by March 19)

Explore the early American automobile industry through beautifully restored vintage cars, with a focus on the Brass Era. Discover the innovation and competition of early manufacturing on a docent-led or self-guided tour. The museum also features operating steam and farm equipment from the early 1900s. Great for history enthusiasts and car lovers alike. Lunch will be on your own at Bacon Street Diner in Clearwater.

### Florida Botanical Gardens

Thursday, April 23 • 9 am - 2:30 pm

\$40 (must register by April 16)

Reconnect with nature at this 100-acre park, featuring 26 unique areas filled with shady trails, vibrant blooms, and diverse flora and fauna. Enjoy a docent-led tour through the historic grounds where every path and plant reflects the garden's history and tranquil setting. Lunch will be on your own at Roosterfish.